



## **SAFETY AND NO TOLERANCE POLICY**

This form must be signed and given to Ellie Mental Health Staff before you can attend activities including, groups, classes, etc.

The Co-Parenting Institute at Ellie Mental Health provides co-parenting and blended family services in the Twin Cities community. Although co-parenting classes can be challenging, they often offer an opportunity for growth and reward. In order to provide these beneficial services, Ellie Mental Health takes safety very seriously and requires every participant to read and adhere to our SAFETY & NO TOLERANCE policy. While attending Ellie Mental Health programs and services you agree to the following:

- I will treat every person I meet with respect and do everything I can to avoid conflict with known or unknown participants on or off the property of Ellie Mental Health.
- I will not threaten, real or perceived harm, to any Ellie Mental Health clients, participants or staff.
- I will not engage in violent behavior and if I do I will be removed by law enforcement and may be subject to criminal and civil penalties by the court of law.
- I will not bring any weapons or have any weapons on Ellie Mental Health property including in personal vehicles in the parking lot. Weapons may include guns, knives, bats, brass knuckles, pepper spray, and any other device used or that may be used to cause someone bodily harm.
- If I am feeling emotionally dysregulated, angry, or upset I will ask a staff member for help addressing my concerns, or remove myself from the group or class until I resolve my concerns.
- If I am struggling with thoughts of self-harm, am being abused, or a victim of domestic violence I will talk to staff who will assist in creating and executing a safety plan.
- I will use respectful & supportive language and not be rude, disrespectful, or disruptive to staff or other participants. If I am, I will be asked to leave.
- If I have an Order for Protection in place I will notify staff upon registration or make it be known before I engage in services.
- If I feel that I am being threatened by another participant I will alert staff immediately and a plan will be put in place to insure ALL staff and participant safety.
- If Ellie Mental Health staff develop the impression I am not able to engage in activities to my benefit or the groups, they reserve the right to ask me to leave.

Ellie Mental Health offers conflict resolution services and maintains that interpersonal conflict can always be resolved, regardless of the circumstances. Ellie Mental Health will make every effort possible for people to feel comfortable and free from verbal, emotional, and physical abuse. Ellie Mental Health

is not responsible for damage that may result from engaging in services at Ellie Mental Health due to unknown factors including but not limited to participant events, unforeseen events, and unresolvable conflict. If any participant violates the safety and no tolerance policy, they will be asked to leave Ellie Mental Health indefinitely and will not receive a refund for prepaid services whether completed or not.

By signing below I agree that I have read and agree to Ellie Mental Health's Safety and No Tolerance Policy.

Client's Full Name: \_\_\_\_\_ Client's DOB: \_\_\_\_\_

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_\_